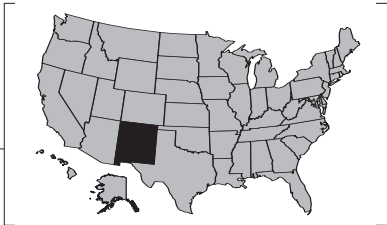


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



New Mexico

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	16.8
Age 10-11	21.9	31.2
Age 12-14	14.4	15.1
Age 15-17	10.7	10.7
0-99% Federal poverty level	22.4	29.7
100-199% Federal poverty level	19.0	15.6
200-399% Federal poverty level	13.7	14.4
400% Federal poverty level or more	9.1	7.3
Male	18.1	18.2
Female	11.5	15.4
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	69.9
Age 10-11	78.2	80.1
Age 12-14	74.2	73.3
Age 15-17	63.3	60.2
Male	76.8	77.6
Female	65.6	61.5
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	54.8
Age 10-11	61.5	52.8
Age 12-14	61.6	56.2
Age 15-17	53.4	54.7
Male	62.1	59.7
Female	55.0	49.6
Percent of children with at least one parent who exercises regularly	72.9	75.5